



Professional Development Calendar September 2016 – December 2016

Please note – Classes will be available for registration one month prior to the training. We reserve the right to cancel trainings with low enrollments. If you are unable to attend a session for which you have registered, please notify us so that we may take someone from the waiting list. For all series or multi-part trainings, attendance is required at all sessions since each session supports the other. Call 886-5242 to register.

STRENGTHENING FAMILIES CORE EARLY LEARNING/CARE TRAINING SERIES

Aug 31 9:00 – 3:00; Sept 19, Oct. 24, Nov 21, Nov 28 and Dec 19 6:30 – 8:30

Strengthening Families™ is a research-informed approach to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect. It is based on engaging families, programs and communities in building five protective factors:

- **Parental resilience**
- **Social connections**
- **Knowledge of parenting and child development**
- **Concrete support in times of need**
- **Social and emotional competence of children**

This 17 hr training will be presented by Nancy Witherill. Providers must participate in all sessions – no drop ins. Advanced Specialized Care training hours available.

Area of Knowledge – Families/Communities

CDA Subject Area# 3, 4 and 5

FUNDAMENTALS FOR EARLY CHILDHOOD PROFESSIONALS FALL 2016

Wednesdays 5:30 – 8:30 PM beginning September 21 @ SAPCC

2 Saturday sessions (10/29 and 11/19) 9:30 – 3:30 @ SAPCC

This 45 hour class is required for all new Center Staff employees who have not previously taken a Child Development class and is highly recommended for newly registered providers and those who are interested in meeting Child Development Associate (CDA) requirements. This class, along with one year's employment in a child care facility, completes Level 1 in the Northern Lights Career Development Center. It covers basic child development, basic specialized care requirements, health/sanitation issues, an understanding of child care regulations and a written professional development plan. Priority is given to those who take the complete series, but they may be taken as individual classes as space allows. **If you are interested in taking the entire series, please call Kim @ 886-5242 immediately. Registration and full payment of \$65 must be received no later than September 15. Please make checks payable to Springfield Area Parent Child Center.**

VERMONT EARLY LEARNING STANDARDS (VELS) LITERACY

Saturday, September 10th 9am – 3:30 pm SAPCC

At this workshop, presented by Sally Anderson from VT Center for the Book, we'll actively explore the new Vermont Early Learning Standards and discover how these new standards might impact strategies used in our programs with preschool children.

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Area of Knowledge – Teaching/Learning
CDA Subject Areas # 2, 3, 5 and 8

SUPPORTING CHILDREN EXPOSED TO SUBSTANCE ABUSE

Tuesdays - Sept 20, 27 and Oct.4 (8 hours)

This professional development opportunity explores how adult substance use impacts children and what we can do in our roles to help. We will focus on three main areas:

- * How our professional caregiver role is impacted by issues of addiction, and resources for self-care and support;
- * Identification of current issues showing up in your programs (what you are seeing related to the impact of substance use on children and families)
- * Practical strategies to benefit individual children and your program as a whole. Emphasis will be placed on real issues and working together to share effective strategies that promote healthy outcomes for children and their families.

This training, presented by Robbin LaRue, was originally developed as a companion training to The Hungry Heart, a documentary film by Bess O'Brien about prescription drugs, addiction and recovery in Vermont. To see a trailer of the film go to <http://thehungryheartmovie.org/>. The movie is 93 minutes long and will be built into the professional development series.

Area of Knowledge – Families/Communities; Child Development
CDA Subject Areas # 3 and 4

WHATEVER HAPPENED TO GO OUTSIDE AND PLAY? CHANGING SCREEN TIME TO GREEN TIME

Thursday, September 29, 2016 @ SAPCC 6:30 – 8:30

Where are the children? Outdoor laughter has turned to talking over text. Is it a trend or an emerging disorder? In this presentation, Scott Noyes addresses signs, symptoms and studies in the new claims, "Internet-use Disorder" and "Electronic Screen Syndrome." We will look at the evidence for these new challenges and sort the hype from the facts. Next, we will discuss the three main reasons adults are keeping children from playing outside and emphasize the benefits of outdoor play. How can we encourage children to get outside, get moving and connect with the natural world?

Area of Knowledge – Healthy/Safe Environments
CDA Subject Area #2

INTRODUCTION TO FUNDAMENTALS FOR EARLY CHILDHOOD PROFESSIONALS (Module 1A)

Wednesday, September 21 5:30 – 8:30 PM

This first session of Level I: Fundamentals will take an in-depth look at the requirements for successful course completion.

Area of Knowledge – Professionalism
CDA Subject Area # 6

INTRODUCTION TO FUNDAMENTALS FOR EARLY CHILDHOOD PROFESSIONALS (Module 1B)

Wednesday, September 28 5:30 – 8:30 PM

This session will focus on developmental milestones, developmentally appropriate practices and important health and safety procedures in working with young children in group settings. Participants will learn common causes of injuries and illness, be introduced to nutrition as it relates to child development and explore how to communicate this information effectively with families.

Area of Knowledge – Healthy and Safe Environments
CDA Subject Area # 1

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INTRODUCTION TO OBSERVING AND RECORDING CHILDREN'S BEHAVIOR**Wednesday, October 5 5:30 – 8:30 (Module 3A)**

This session of Level I Fundamentals, the first of a two-part emotional development series, will explore milestones in the emotional development of young children. Activities will include how and when children develop self-control and appropriate responses to typical developmental stages. The purpose of this module is to introduce early education professionals to the importance and value of purposeful observation in the early childhood classroom. This training is intended for entry-level professionals new to the field of early education and for experienced caregivers who are looking to incorporate systematic and purposeful observation in their work with children. The unit will examine how observation can be used to support individual children and improve the overall quality of the learning environment.

Area of Knowledge – Child/Youth Development, Teaching/Learning
CDA Subject Areas # 3, 7, 8

BUILDING BLOCKS FOR LITERACY – BIRTH TO AGE 3**Saturday, October 8, 2016 9:30 – 3:30****Presented by Stern Center – more information to follow****EMOTIONAL DEVELOPMENT AND THE INFLUENCE OF CULTURE (Module 3B)****Wednesday, October 12 5:30 – 8:30**

This second part of a two part emotional development series, will continue to look at the emotional development of young children. Activities will focus on how culture and characteristics influence emotional development. Additional methods for observing and recording children's behavior will also be addressed.

Area of Knowledge – Child/Youth Development, Teaching/Learning
CDA Subject Areas # 3, 7, 8

LICENSING REGULATIONS – Only available to 45 hour class members Module 8A**Wednesday, October 19 5:30 – 8:30**

This will be an interactive presentation by the Child Development Division Licensing Unit of the Vermont child care regulations and a discussion of how they are linked to developmentally appropriate practice. This hands-on workshop presented by CDD licensor, Donna Lopiccio, will use case scenarios to help participants develop strategies to apply to child care licensing regulations.

Areas of Knowledge – Child/Youth Development, Curriculum/Learning, Healthy/Safe Environments, Professionalism/Program Management
CDA Subject Areas # 1, 3, 5

EFFECTIVELY ENGAGING INTERPERSONAL CONFLICT**Thursday, October 20 6:30 – 8:30**

Jennifer Knauer invites participants to reflect on their own strengths and challenges in addressing difficult conversations, and explore various tips and tools for increasing their effectiveness amid interpersonal conflict. A sampling of basic conflict resolution concepts will be presented, including material from William Ury (author of Getting To Yes, and The Power of a Positive No), Stone, Patten and Heen (authors of Difficult Conversations), and Peter Senge (author of The Fifth Discipline), among other sources.

Area of Knowledge: Professionalism/Program Management
CDA Subject Areas # 4 and 6

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HUNGER AND NUTRITION IN VT: A HIDDEN KEY TO SUCCESS IN EARLY CHILDHOOD

Tuesday, October 25 6:30 – 8:30

1 in 5 Vermont children struggle with hunger each day yet quality nutrition plays an essential role in learning, development, and health. Our youngest children, ages 0-6 are particularly vulnerable to the impacts of hunger. Lack of adequate nutrition and persistent hunger in the crucial early years of life can result in nutrient deficiencies and poor health, increased risk for obesity, emotional and behavioral problems (including aggression, anxiety depression and hyperactivity) and have a 40% increased risk for developmental delay. Hunger in early childhood can significantly impact the trajectory of a child's life. This workshop, presented by **Hunger Free Vermont**, will open a discussion about this link between nutrition, hunger and the health, development, and learning of young children. In this workshop we will discuss the importance of quality nutrition for young children and identify key nutrients for healthy development and growth in early childhood. We will then explore the causes and effects of hunger and malnutrition in Vermont. Finally, we will discover ways that we, as community members and childcare providers, can address hunger in Vermont. Participants will receive practical information that they can use and share with families to reduce hunger and improve nutrition, as well as resources and tips for integrating meals and nutrition education into early childhood programs.

Area of Knowledge – Families and Communities

CDA Subject Area #4

EARLY CHILDHOOD LEARNING ENVIRONMENTS (Module 2)

Wednesday, October 26 5:30 – 8:30

This session of Level I will focus on creating inclusive and welcoming environments for all children and families. Room arrangement, selection of materials, learning centers and safety considerations as well as evaluation and assessment of the environment will be addressed.

Area of Knowledge – Child/Youth Development, Healthy/Safe Environments

CDA Subject Areas # 3, 7, 8

COGNITION AND DEVELOPMENT/LANGUAGE AND LITERACY (Modules 4/5)

Saturday, October 29 9:30 – 3:30 SAPCC

The morning's session will focus on cognitive development. Activities and discussion focus on developmental milestones and brain development. Strategies that children use to organize information, learn new concepts and develop the variety of skills we associate with intelligence will be covered. The second part of this session will identify milestones related to children's typical language and literacy development, as well as explore how language and communication are related. Participants will learn strategies for encouraging communication with children and how literacy supports communication. ***There will not be a formal lunch break; please bring a bagged lunch to enjoy during the training.***

Area of Knowledge – Child Development; Teaching and Learning

CDA Subject Areas # 2 and 8

MEDICATION ADMINISTRATION IN EARLY CARE AND EDUCATION SETTINGS

Tuesday, November 1 (6-9 pm)

This two part training, presented by **Kary Towne, RN, a VT Child Care Wellness Consultant**, consists of both online and face to face group training. The first part (A) is taken online and includes 3 modules that will take approximately 2 hours to complete. There is a quiz at the end of each part; upon completion of each quiz, participants will need to print their certificate. These certificates must be brought to this training (part B) in order to attend the workshop. In this training (part B) participants will learn to identify different types of medication, why medication is given and to it is given; improve medication storage preparation and administration techniques; support good documentation of medication administration, and recognize and respond to adverse reactions to medication and develop and implement appropriate policies about medication administration. After completion of both parts (A & B) documentation for **5 professional development hours** will be

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awarded. Visit <http://northernlightscdc.org/training/state-wide-curricula/medication-administration-module/> for more information and to complete part A. *****Remember you must complete part A before attending part B, and you must compete both part A and B to get credit for this training.**

Area of Knowledge: Health/Safety; Professionalism /Program Management
CDA Subject Areas # 1 and 5

SOCIAL SKILLS ; A SENSE OF ONESELF (Module 7A)

Wednesday, November 2 5:30 – 8:30

This session of Level I will explore how children form a sense of themselves. The concepts of attachment and resiliency will be addressed, along with positive guidance, coping with transitions and other strategies that support children's social development and developing a sense of self.

Areas of Knowledge – Child/Youth Development, Families/Communities, Curriculum/Learning
CDA Subject Area # 3

SOCIAL SKILLS : UNDERSTANDING OTHERS (Module 7B)

Wednesday, November 9 5:30 – 8:30

In this session participants will learn strategies to support the development of positive social skills in children. Conflict resolution, including supporting children with challenging behaviors and social development milestones will also be discussed.

Area of Knowledge – Child/Youth Development, Families/Communities, Curriculum/Learning
CDA Subject Area # 3

CODE BLUE – EMERGENCY RESPONSE PLANNING FOR CHILDCARE

Tuesday, November 15 6:30 – 8:30

Each state has had its share of emergencies. From ice storms to hurricanes, we are all familiar with what the unexpected can bring. This presentation, by Scott Noyes, helps child care providers prepare for the next event. Whether it comes from a derailed training potential poisons, extended loss of power, or a missing child, being ready has numerous benefits. Through preparation can help keep everyone safe and return to our normal lives quicker.

Area of Knowledge : Professionalism/Program Management
CDA Subject Area #6

ORIENTATION TO BASIC SPECIALIZED CARE

Wednesday, November 16 5:30 – 8:30 PM SAPCC (Module 8B)

Wednesday, November 30 5:30 – 8:30 PM SAPCC (Module 8C)

This two-part, six-hour series of Level I: Fundamentals is an introduction for early childhood providers who plan to care for children who require additional support (as identified by the state of Vermont). It is required for all programs wishing to attain "Basic Specialized Child Care Provider" status, and offers valuable information for anyone supporting children and families when special needs of the family (or child) or abuse/neglect are involved. Topics covered will include: typical child development, the impact of stress and abuse on development, red flags, working with families and the system, as well as mandated reporting responsibilities (presented by DCF). Working with children with special needs will also be touched upon. **Participants must take the online**

mandated reporter training prior to the class.

Area of Knowledge – Basic Specialized Care
CDA Subject Areas #3 and 8

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BUILDING POSITIVE RELATIONSHIPS WITH FAMILIES/FAMILY CENTERED PRACTICES

Saturday, November 19 9:30 – 3:30 SAPCC Module 9

This module focuses on creating an environment that promotes and encourages respectful communication with colleagues and families. Family-centered practice is defined and how adults change and develop is addressed. Students will also learn how to approach families and how to discuss difficult topics. ***There will not be a formal lunch break; please bring a bagged lunch to enjoy during the training.***

**Area of Knowledge – Families and Communities; Professionalism/Program Organization
CDA Subject Area # 4**

Online CDA Credential Training Child Care Aware Training Academy offers training designed to help early childhood professionals acquire the required training hours for a Child Development Associate (CDA) credential or CDA credential renewal. 120-hour CDA and 45 hour CDA renewal online self-paced training is available for \$299 and \$169. Courses are available 24 hours a day, 365 days a year. Visit <http://naccrra.smarthorizons.org/> for more information on the trainings and a link to the CDA credential. The CDA is awarded by the Council for Professional Recognition; their site is www.cdacouncil.org.

For those who have received Level I and Level II certificates:

Local Colleges with Evening & Online Early Childhood Education Classes:

- **Community College of Vermont 307 South Street Springfield (885-8360)**
www.ccv.edu
- **River Valley Community College 1 College Place, Claremont, NH**
(603) 542-7744x411 www.rivervalley.edu

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